

SETTLEMENT



JULY 17 TO 19, 2022

Any participant who takes part in this event must be familiar with these rules. By his registration, he commits himself to submit without reserve to all these prescriptions.

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I. PRESENTATION OF THE EVENT

A. GENERAL INFORMATION

The Ultra VTT - Transmaurienne Vanoise (or Ultra Mode) is a mountain bike event of the Transmaurienne Vanoise sporting event registered in the calendar of the French Cycling Federation (FFC).

Outdoor Sport Organisation (OSO), affiliated to the FFC, and the SPL Haute Maurienne Vanoise Tourisme organize the Transmaurienne Vanoise 2022.

The Ultra VTT - Transmaurienne Vanoise is a long distance event where the goal is to complete a mountain bike course following a GPS route without exceeding the 50 hour time limit. This course is in semi-autonomy (autonomy between the bases of life), the participants will have to pass by the various bases of life to be able to validate their advance.

The departure of the event will be on Sunday, July 17, 2022 at 11:00 am from the town of Val Cenis and the arrivals will be on the same town at 1:00 pm on Tuesday, July 19.

The Ultra VTT - Transmaurienne Vanoise is a demanding and tiring event, physically and mentally. In addition to having to cover 260km in an allotted time, participants must be able to alternate long hours of riding, day and night, with periods of rest.

B. GENERAL CONDITIONS OF PARTICIPATION

Registration implies acceptance of these rules.

Being based on a GPS track, the participants commit themselves strictly to the respect of the highway code. We remind you that the entire course is open to traffic and other modes of travel. The participants declare to accept the risks of mountain biking and to use the proposed routes with full knowledge of the facts and under their own responsibility.

The GPS track will be communicated by email to the participants about 1 week before the race. It is the participant's responsibility to make sure that he/she has a GPS system that allows him/her to follow the route during the entire event (battery and map of France and Italy). Please note that a GPS watch will not be considered as a GPS system. Participants must master the techniques of navigation with GPS and have the necessary knowledge to use a map, a compass and an altimeter.

By accepting these conditions of registration, participants accept full and complete responsibility for any accidents that may occur during the journey to or from the event or during the event itself, and for the risks inherent in participation in such an event such as: accidents with other participants or pedestrians, bad weather, traffic conditions (non-exhaustive list).

C. PARTICIPANTS' BEHAVIOR

Participants will demonstrate sportsmanship in all circumstances and will let the fastest participants pass without obstructing them. If for any reason a participant is forced to leave the course, he/she must return to the course at the exact point where he/she left.

Participants will respect nature and will not pollute the course site with their papers, materials, etc. Any participant caught throwing away waste during the event will be automatically disqualified.

It is also strictly forbidden to stray from the proposed route by cutting through fields and other natural areas. Moreover, erosive skids are to be avoided. It should be noted that the event takes sensitive natural sites subject to authorization of passage. The sustainability of mountain biking and the maintenance of the event depend on your behavior.

II. REGISTRATION

A. PILOTS ELIGIBLE

The event is open to all persons from 19 years old to 31/12/2022 on presentation of compulsory administrative documents:

- A 2022 competition license for FFC / UCI licensees, or another federation related to the practice of cycling, whose license shows the words "medical certificate YES".
- A medical certificate of no contraindication to the practice of competitive cycling less than 1 year old on the day of the event for all others. Holders of an FFCT license (French Cycling Federation) are considered as non-licensees.

The event is held in teams of two only, the distance between two competitors of the same team cannot be more than 150m. If one of the competitors has to give up (mechanical breakdown, fatigue, etc.), the whole team must stop the event.

B. COMPULSORY EQUIPMENT AND TECHNICAL CHECKS

The authorized bicycles must meet the criteria defining the mountain bike label in the UCI regulations.

The participants are solely responsible for the conformity of the equipment they use to the standards in force as well as for its maintenance.

The front plate must be fixed in such a way as to ensure its good visibility.

The wearing of a rigid helmet with chinstrap attached is mandatory throughout the event.

It is recommended to bring repair equipment (inner tubes...) and warm cycling clothes (in case of bad weather conditions).

Individual equipment required:

- Identity papers ; - Approved helmet; - A waterproof jacket; - Survival blanket; - Charged cell phone (+ charger); - A compass and an altimeter - An external battery of minimum 10 000 mAh - GPS with the tracks of the course and the adequate downloaded maps (+ charger);	- 2 lamps with spare batteries for each of the 2 lamps; - 1 rear red light; - Food reserve ; - Water reserve of at least 1.5 L; - Knife and whistle; - 1 rear red light; - Food reserve ; - Water reserve of at least 1.5 L; - Knife and whistle;
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Mandatory equipment per team:

- A repair kit (inner tube, multi tools and chain drift, etc.) ; - Road book	First aid kit (bandages, sun cream, anti-heating cream, etc.);
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Each participant agrees to carry this equipment throughout the event. This equipment may be checked by the organization throughout the event. If one of the items is missing, the participant and his team will be penalized 45 minutes per missing item.

A mandatory race briefing and technical checks will be held on Saturday July 16th in Val Cenis. Each team will have to be present and will have to have its equipment checked by the members of the organization.

C. PARTICIPATION WITH AN E-BIKE

The participation with an E-Bike will be regulated as follows

- Motor with a maximum continuous power rating of 250 watts;
- Pedal assistance up to 25km/h ;
- Pedal assistance only, although starting assistance is allowed, but must not exceed 6km/h without pedaling.

Participants may only use the existing battery on their bike and may not carry a spare battery. The battery will have a maximum volume of 720 W and will only be rechargeable at the base of life (with your personal charger). It is strictly forbidden to carry a battery in your backpack.

D. REGISTRATION FEES

Rates	Préférential <i>until 17/01 at 23h59</i>	Préférential <i>until 17/05 at 23h59</i>	Standard <i>until 17/06 at 23h59</i>
Team of 2	250 €	300 €	350 €

The registration fee includes :

- A Welcome pack with the welcome gift (1 per team member) ;
- Frame plate with time chip on the back (1 per team member) ;
- A digital roadbook;
- Loan of a GPS beacon allowing the organization to geolocate you during the event;
- The GPS track of the course sent by mail a few days before the event;
- The live follow-up of the event on the website www.transmaurienne-vanoise.com
- Refreshments at all the Bases de Vie;
- The dinner/breakfast and dormitory on the #BV 4;
- Activation of a PC race, reachable 24/24h during the event.
- Medical assistance during the event;
- Arrival snack with recovery area in Aussois to welcome you at the end of the race;
- Post race meal
- Finisher's gift.

The number of teams is limited to 60.

The modification of the information concerning the team members is only possible until the 17/06.

E. ENTRIES / WITHDRAWALS

Entries can be made on the website <https://lvo-inscription.com/tmv2022>.

The organization proposes the subscription to a cancellation insurance via the BETICKETING module. In case of unforeseen circumstances, your number will be refunded at 80% of its value. This is an all-cause insurance, without justification, valid until one hour before the number pick-up.

Cancellation or postponement of the race related to the COVID-19 is not covered by the insurance. Would you like to read the contractual and information documents? [Click here](#)

In case of prohibition of organization related to the Covid 19, if the event cannot take place in 2022 (impossibility of postponement to a later date), the organizer undertakes to refund the totality of the registration fees (excluding fees and options) until 30 days before the beginning of the event, that

is to say until June 17, 2022. After this date, the organizer commits to refund 70% of the registration fees (excluding application fees and options) or to postpone your registration for the 2023 edition.

F. EXCLUSION

The organizers may exclude one or more participants who do not respect the essential sporting rules, the rules of propriety or the safety instructions given by the organization. Likewise, the medical staff is authorized to suspend or evacuate any participant who takes risks that could be detrimental to his or her health, life or that of others.

Failure to follow the entire course, taking shortcuts or using any other unfair means to gain an advantage over other competitors will result in disqualification.

Deliberately throwing waste on the course will also lead to exclusion.

III. COURSE

A. TECHNICAL ASSISTANCE

Technical assistance is not allowed on the course.

B. LIVING BASE

There will be 7 life bases on the course. The passage and scoring of participants at these points will be mandatory.

On these life bases, it will be compulsory to contact the organization to validate the passage and it will be necessary to validate this passage before a time limit. All these living bases will have access to water and electricity and some will even have spaces to rest (see table below).

	Val Cenis Lanslevillard	Refuge Mont Cenis	Refuge Mont Cenis	Val Fréjus	Bardonecchia	Val Fréjus	Aussois	Aussois	Val Cenis Lanslevillard
	FR	FR	FR	FR	IT	FR	FR	FR	FR
	DÉPART	# BV 1	# BV 2	# BV 3	# BV 4	# BV 5	# BV 6	# BV 7	ARRIVÉE
km section	0	67	41	45	24	25	16	19	23
km cumulé	0	67	108	153	177	202	218	237	260
Deniv+ section		2155	1302	1761	901	1467	545	930	480
Deniv cumulé		2155	3457	5218	6119	7586	8131	9061	9541
Simulation tête de course	11:00:00	14:56:28	18:02:11	21:45:00	00:30:00	04:30:00	06:36:00	08:40:00	11:18:00
Simulation fin de course temps + pause		18:12:00	23:30:00	09:00:00	14:30:00	22:00:00	06:00:00	10:00:00	12:52:30

The organization is not responsible for any loss, damage or theft of material or individual equipment during the race.

Controls and checkpoints are planned on the course, any participant having escaped a control will be automatically disqualified. Be sure to inform the person at each base of life if you leave on a loop or if you stay on the mandatory course.

Any abandonment must be reported to the organization for safety reasons. Any change of bikes between competitors during the event is prohibited.

C. REFRESHMENTS

Each life base on the course will offer participants some foodstuffs. Be careful, these foodstuffs are in no way complete meals that will suffice to supply you for the entire adventure. It is essential that you are almost autonomous on the course. Only the life bases of Bardonecchia and Aussois will be equipped with real hot meals (soup / pasta / cold cuts)

This year, the organization does not provide bags for runners. It is therefore up to the runners to prepare their bag(s) beforehand and give them to the organization (specifying the chosen base of life) in order to dispatch them (2 bags per team member maximum).

D. ABANDONMENT AND TIME BARRIERS

It is strictly forbidden to leave the event and its course without having informed the organization. Failure to comply with this rule will result in a fixed charge of 150€ per person and the organization may take legal action for having initiated research due to your negligence. Also, the tracking and timing equipment must be returned in good condition. In case of failure, the organization will charge 50€ per missing or defective equipment.

If a participant wishes to abandon the race, he/she will have to do it from a life base.

The organization will disqualify any participant who wishes to leave a Base of Life outside the time barrier determined below. Depending on the Base of Life, a shuttle will be set up (without any commitment of time) or a return route will be proposed to the participants (see article 8).

The time barriers indicated in point III.B are calculated to allow participants to finish the event in 50 hours maximum.

E. CARDED ROUTES

A mandatory course of 150km and 4900m D+. Loops to add:

- Loop A: 40km, 1300m D+.
- Loop B: 50km, 2400m D+.
- Loop C: 20km, 900m D+.

UN PARCOURS		UN DÉFI À COMPOSER			LE PARCOURS COMPLET
BASE 150 KM D+ 4 900 M		BOUCLE A 40 KM D+ 1 300 M	BOUCLE B 50 KM D+ 2 400 M	BOUCLE C 20 KM D+ 900 M	BASE + A + B + C 260 KM D+ 9 500 M
ULTRA EXPERIENCE					ULTRA FINISHER

IV. CLASSIFICATION AND CATEGORIES

The Ultra VTT - Transmaurienne Vanoise aims to surpass oneself and to cover a route in a time limit by team of 2. The human values and surpassing oneself will be more important than the classification itself.

The final ranking will show the teams and their respective categories.

The prize-giving ceremony will reward the first 3 of each category. This award ceremony will take place on Tuesday, July 19th at 2pm.

The participation of the competitors in the ceremony is mandatory. In case of absence the participant will not receive his prize.

o General ranking :

3 categories:

- Men's team
- Women's team
- Mixed Team

2 types of bikes are accepted :

- Muscle bike
- e-Bike. The team will be automatically classified in e-Bike as soon as one of the 2 participants of the team will ride an e-Bike.

On the rankings, there is no distinction between mountain bikes and e-bikes. The interest of this operation lies in the strategic aspect between the use of the "assistance" and the moments of pause and loads of the e-Bike.

o "Ultra Experience":

This year, the course includes sections called "loops. There are 3 loops, starting and ending at the life bases (except for Bardonecchia). If your physical condition does not allow you or you do not wish to start on these additional loops but you still leave these bases of life before the time barriers, you

will not appear in the general classification but your time will appear in a section of the results called "Ultra Experience".

o "Ultra Finisher":

To appear in the general ranking and finish as an "Ultra Finisher", you will have to complete the entire course, i.e. the 260km and 9500m D+.

V. SPECIAL CONDITIONS

A. CANCELLATION

In the event of cancellation of the event at the initiative of the organizer, the latter undertakes to reimburse in full the registration fees of the participants until two months before the event. After this period, participants will be reimbursed up to 70% by the organization. Refunds will be made by bank transfer.

No additional expenses incurred to participate in the event will be reimbursed, such as expenses related to the material necessary for participation (bicycle, equipment...), possible repairs, transportation costs to get to the event, accommodation and meals, postal or Internet connection costs. All these costs are to be paid by the participants.

In case of prohibition of organization related to Covid 19, if the event cannot take place in 2022 (impossibility of postponing to a later date), the organizer commits himself to reimburse the totality of the registration fees (except file fees and options) until 30 days before the beginning of the event, that is to say until June 17, 2022. After this date, the organizer commits to refund 70% of the registration fees (excluding application fees and options) or to postpone your registration for the 2022 edition.

B. FORCE MAJEURE

The organizer cannot be held responsible if, due to force majeure or beyond his control, the event has to be modified, shortened or cancelled. In this case, the registration fee and any additional costs will not be refunded.

The following are defined as cases of force majeure: security reasons, bad weather, terrorist attacks or any other unforeseeable and irresistible events outside the control of the parties, which could lead to the fear of the event not taking place.

Any modification, including in case of force majeure, to these rules may be published, in particular by means of an announcement on the event's website. They will be considered as annexes to these rules. Any participant will be deemed to have accepted the change or modification as of the date it comes into effect, simply by participating in the event.

C. CLAIMS

Participants who feel that they have suffered an injustice or irregularity on the part of a competitor or the organization may lodge a complaint within 30 minutes after the arrival of the last competitor, in writing and accompanied by a deposit cheque of 80 €, which will be returned to them if their complaint is well-founded.

D. INSURANCE

Civil liability : in accordance with the law, the organizers have taken out insurance covering the consequences of their civil liability, that of their employees and of all participants in the stages of the Transmaurienne Vanoise. A proof of insurance can be provided to any participant who requests it.

Individual accident : Only FFC/UCI licensees are covered by individual accident insurance. If you do not have a FFC or UCI competition license, it is up to the participants to insure themselves for this type of damage. The optional insurance for non-licensed riders is not mandatory but highly recommended (3€ per day/person)

E. DOPING

The participants will have to submit to any anti-doping control at the arrival, on request of the organizers. All the rules of the fight against doping as well as those established by the French legislation (e.g.: Code of Public Health, Chapter IV of the law n°2003-708 of August 1st, 2003 relating to the organization and the promotion of the physical and sporting activities) that those fixed by the international regulation (cf: UCI) or all other measures adopted in this field in the future are applicable within the framework of this Ultra VTT - Transmaurienne Vanoise 2022.

Any contravener of these provisions will be exposed to the sanctions provided for in the provisions listed above and undertakes to pay the organization of the Transmaurienne Vanoise the sum of 50,000 € (all taxes included) for damage to its ethics and its brand image.

F. IMAGE RIGHTS

By participating in the Ultra VTT - Transmaurienne Vanoise 2022, each competitor expressly authorizes LVO (or its assignees) to use, to have used, to reproduce or to have reproduced its name, its image, its voice and its sporting performance with a view to any direct, indirect or derivative use of the event and this, in any medium, worldwide, by all means known or unknown to date, and for the entire duration of the protection currently granted to these direct or derivative uses by the

legislative or regulatory provisions, the judicial and/or arbitration decisions of any country as well as by current or future international conventions, including for any extensions that may be made to this duration.

G. CNIL

In accordance with the French Data Protection Act of January 6, 1978, you have the right to access and rectify personal data concerning you. Through us, you may receive proposals from other companies or associations partners of the event. If you do not wish to receive them, you just have to write to us indicating your name, first name and address.